



Trinity Fitness Start Process

1. Complete interview process:

- Complete Ministry Questionnaire - reviewed by CEO and Development Specialist
- Phone interview by either CEO Jason Palmisano or Development Specialist Anthony Widener
- Complete ProScan Survey and review results with CEO and Development Specialist
- Visit Trinity Fitness Ponte Vedra - Spend time with Anthony Widener

2. Next steps (provided all parties are comfortable moving forward)

- Seek out 25-50 prayer warriors to join you in this endeavor
- Develop a Board of directors
- Complete administrative paperwork
- Identify a training staff - See Operations Manual
- Sign Articles of Association with Trinity Fitness

3. Social Media and Marketing. Begin to create a buzz and following through social media.

4. Initial 15K

- With the help of your board raise initial 15K for funding (3 month goal)
- Initial funding includes 5K to Trinity Fitness Headquarters in lieu of sending in the 10% monthly allocation your first year. This includes the certification for you and your initial staff, administrative coaching, ongoing mentorship and a Trinity Fitness representative in your area during the year.

5. Facility Search.

- A. Trinity Fitness will assist in the location search and selection and work with the new start up to review local demographics and potential business outlook of possible locations.
- B. Once initial 15K is raised and facility is identified XTraining Equipment will work with the new start up to ship the equipment package to prepare to open.

6. Trainer Certification. You and your volunteer staff attend a weekend Trinity Fitness Certification Course. This step can be done in conjunction with step 5.

7. Open Your Doors for ministry/business and Raise second 10K (3 months) and pay XTraining for the balance of equipment.

NOTE: If your start up capital is limited consider raising additional funds with your board while you are in fundraising mode to help cover your salary for a period of time.