



Best Practice: Board of Directors

Trinity Fitness Board Members are volunteers who dedicate their time, talents, and resources to steer the organization towards a sustainable future by adopting sound, ethical, and legal governance and financial management policies. Ideally each board member has a specific and strategic role to play to ensure growth and effectiveness of their Trinity Fitness Chapter.

The basics

What's the role of the board of directors of a nonprofit corporation? Just as for any corporation, including nonprofit corporations, the board of directors have three primary legal duties known as the "duty of care," "duty of loyalty," and "duty of obedience."

In sum, these legal duties require that nonprofit board members:

1. **Duty of Care:** Take care of the nonprofit by ensuring prudent use of all assets, including facility, people, and good will; and provide oversight for all activities that advance the nonprofit's effectiveness and sustainability.
2. **Duty of Loyalty:** Make decisions in the best interest of the nonprofit corporation; not in his or her self-interest.
3. **Duty of Obedience:** Ensure that the nonprofit obeys applicable laws and acts in accordance with ethical practices; that the nonprofit adheres to its stated corporate purposes, and that its activities advance its mission.

*The above taken from Council of Non Profits

1. Responsibilities

- Hire, remunerate, and review performance of their staff
- Establish and monitor financial controls
- Protect the legal entity
- Ensure implementation of sound operating policies and procedures
- Support proper marketing and public awareness of the ministry
- Monitor appropriate funding and donor relations
- Promote the appropriate growth and development of the ministry
- Protect the vision, mission and values of the ministry

2. Selection:

- Character qualities
 - Passionate about their faith in Christ
 - Strong family life
 - Solid relationships
 - Will be active in Trinity Fitness and community
 - Passionate about the vision and mission of Trinity Fitness
 - Believes in the Facility Director
- Skills and abilities
 - Successful in profession
 - Networks with others (breadth and depth)
 - Resourceful/creative problem solver
 - Time availability
 - Willing to be an ambassador

3. Board Expectations

- Fiduciary responsibility. Board members are charged with stewarding the funds of their Trinity Fitness Chapter in a way that honors God and the ministry.
- Advocacy. The board members advocate, promote Trinity Fitness in their sphere of influence increasing the awareness and opportunity for ministry in their community.
- Fundraising. The board members participate in fundraising events helping to ensure to the financial health of their local chapter.
- Each Board Member is expected to pray in advance of each Board meeting – asking God what His desires are for each meeting and how they individually are called to represent that desire at the meeting.
- Each Board Member is asked to lay down their personal agendas during each board meeting and surrender themselves fully before the Lord. That His will truly be done in and through them in service to the ministry.
- Each Board Member is asked to continually grow in their prayer life knowing that the greatest service they can bring to the Board is as an empty vessel for the wisdom of God to flow through.
- It is recommended that a board member not serve on more than three boards at any given time to be able to give proper attention and commitment to current boards.
- Give approximately 3-5 hours monthly of your time in your board role.
- For the benefit of the ministry and the board's effectiveness, each board member is expected to attend at least 75% of our board meetings.
- Each Board Member is expected to personally donate funds inline with their abilities.

Board Chair. The Board Chairman is a partner to the Facility Director and other board members, the Board Chair will provide leadership to Trinity Fitness ensuring the ministry be a sustainable entity. The Board Chair will support and sustain the work of Trinity Fitness and provide governance, leadership and strategic fundraising support as well as lead the local board meetings working with the Facility Director to set the agenda.